

EXERCICES  
**FIRST-ORDER OPTIMIZATION**  
 UNIVERSITÉ PARIS–SACLAY



**EXERCICE 1** (*Smooth and strongly convex functions*). — Let  $L > 0$  and  $f : \mathbb{R}^d \rightarrow \mathbb{R}$  a  $L$ -smooth (for  $\|\cdot\|_2$ ) differentiable function that admits a global minimizer  $x_* \in \mathbb{R}^d$ .

1) Prove that for all  $x, x' \in \mathbb{R}^d$ ,

$$f(x') \geq f(x) + \langle \nabla f(x), x' - x \rangle + \frac{1}{2L} \|\nabla f(x') - \nabla f(x)\|_2^2.$$

*Indication: For each  $x \in \mathbb{R}^d$ , consider function  $g_x : x' \mapsto f(x') - \langle \nabla f(x), x' \rangle$  and use Lemma 7.4.1 from the lecture notes.*

2) Deduce that for all  $x, x' \in \mathbb{R}^d$ ,

$$\langle \nabla f(x') - \nabla f(x), x' - x \rangle \geq \frac{1}{L} \|\nabla f(x') - \nabla f(x)\|_2^2.$$

Let  $K > 0$ . We now further assume that  $f$  is also  $K$ -strongly convex for  $\|\cdot\|_2$ .

4) Prove that  $f - \frac{K}{2} \|\cdot\|_2^2$  is  $(L - K)$ -smooth for  $\|\cdot\|_2$ .

5) Deduce that for all  $x, x' \in \mathbb{R}^d$ ,

$$\begin{aligned} D_f(x', x) &\geq \frac{1}{2(L - K)} \|\nabla f(x') - \nabla f(x)\|_2^2 + \frac{KL}{2(L - K)} \|x' - x\|_2^2 \\ &\quad - \frac{K}{L - K} \langle \nabla f(x') - \nabla f(x), x' - x \rangle. \end{aligned}$$

6) Deduce that for all  $x, x' \in \mathbb{R}^d$ ,

$$\langle \nabla f(x') - \nabla f(x), x' - x \rangle \geq \frac{KL}{K+L} \|x' - x\|_2^2 + \frac{1}{K+L} \|\nabla f(x') - \nabla f(x)\|_2^2.$$

**EXERCICE 2 (Smooth and strongly convex optimization with Gradient Descent).** —

Let  $L, K > 0$ ,  $f : \mathbb{R}^d \rightarrow \mathbb{R}$  a function that we assume differentiable,  $L$ -smooth and  $K$ -strongly convex for  $\|\cdot\|_2$ . We assume that  $f$  admits a global minimizer  $x_* \in \mathbb{R}^d$ . Let  $x_1 \in \mathbb{R}^d$ ,  $(\gamma_t)_{t \geq 1}$  a positive sequence and for  $t \geq 1$ , consider

$$x_{t+1} = x_t - \gamma_t \nabla f(x_t).$$

1) Assume that  $\gamma_t = 1/L$ , and for all  $t \geq 1$ .

a) Prove that for all  $t \geq 1$ ,

$$\|x_{t+1} - x_*\|_2^2 \leq \left(1 - \frac{K}{L}\right) \|x_t - x_*\|_2^2.$$

b) For  $T \geq 1$ , deduce an upper bound on  $f(x_{T+1}) - f(x_*)$ .

2) Assume that  $\gamma_t = 2/(K+L)$  for all  $t \geq 1$ . Let  $t \geq 1$ .

a) Using the previous exercise, prove that

$$\frac{1}{L+K} \|\nabla f(x_t)\|_2^2 + \frac{KL}{L+K} \|x_t - x_*\|_2^2 \leq \langle \nabla f(x_t), x_t - x_* \rangle.$$

b) Deduce that

$$\|x_{t+1} - x_*\|_2^2 \leq \left(1 - \frac{2}{L/K+1}\right)^2 \|x_t - x_*\|_2^2.$$

c) Deduce, for  $T \geq 1$ , an upper bound on  $f(x_{T+1}) - f(x_*)$ .

**EXERCICE 3 (Smooth nonconvex optimization).** — Let  $L > 0$  and  $f : \mathbb{R}^d \rightarrow \mathbb{R}$  a  $L$ -smooth (for  $\|\cdot\|_2$ ) differentiable function that admits a global minimizer  $x_* \in \mathbb{R}^d$ . Let  $x_1 \in \mathbb{R}^d$  and for  $t \geq 1$ , consider

$$x_{t+1} = x_t - \frac{1}{L} \nabla f(x_t).$$

1) Using regret bounds, prove that for all  $T \geq 1$ ,

$$\frac{1}{T} \sum_{t=1}^T \|\nabla f(x_t)\|_2^2 \leq L^2 \|x_1 - x_*\|_2^2.$$

2) Using the fact that for all  $t \geq 1$ ,  $D_f(x_{t+1}, x_t) \leq \frac{L}{2} \|x_{t+1} - x_t\|_2^2$ , prove that for all  $T \geq 1$

$$\frac{1}{T} \sum_{t=1}^T \|\nabla f(x_t)\|_2^2 \leq \frac{2L(f(x_1) - f(x_*))}{T}.$$

3) Which of these two guarantees is stronger?

4) Let  $\mathcal{X} \subset \mathbb{R}^d$  be a closed convex set, and assume that  $f$  admits a minimizer  $\tilde{x}_* \in \mathcal{X}$  on  $\mathcal{X}$ . Let  $\tilde{x}_1 \in \mathbb{R}^d$  and for  $t \geq 1$ ,

$$\tilde{x}_{t+1} = \Pi_{\mathcal{X}} \left( \tilde{x}_t - \frac{1}{L} \nabla f(\tilde{x}_t) \right).$$

For  $x \in \mathbb{R}^d$ , define

$$G(x) = L \left( x - \Pi_{\mathcal{X}} \left( x - \frac{1}{L} \nabla f(x) \right) \right).$$

Generalize the above analysis and establish for  $T \geq 1$  an upper bound on

$$\frac{1}{T} \sum_{t=1}^T \|G(\tilde{x}_t)\|_2^2.$$

**EXERCICE 4** (*Dual averaging for stochastic nonsmooth convex optimization*). — In the context of stochastic nonsmooth convex optimization from Section 6.4, define Dual Averaging iterates with time-dependent parameters and derive guarantees that get rid of the  $\log T$  factor.

